



APPALACHIAN STATE ALUMNI

Winter Getaway in Panama for Young Professional Alumni

Departure Date: February 15, 2024

Tour Highlights

- 12 Meals: 6 breakfasts and 3 lunches and 3 dinners
- Airport transfers on tour dates when air is provided by Mayflower Cruises & Tours
- Tour the UNESCO World Heritage Site of Casco Antiguo in Panama City
- Discover the operational marvel of the Panama Canal at the Miraflores Lock Visitor Center
- Sail to the Pacific Ocean on a partial transit of the Panama Canal
- Relax during a three-night stay at a beach resort

DAY 1 USA / Panama City, Panama: Depart the USA on your flight to Panama City. Upon arrival, you'll be met by a Mayflower Cruises & Tours representative and transferred to your hotel. The remainder of the day is at leisure to relax and become acquainted with your new surroundings.

DAY 2 Panama City: Depart the hotel with your local guide for a panoramic and walking tour of this historic city. Stroll through Casco Antiguo - the oldest section of Panama City and a designated UNESCO World Heritage Site. Notice the architecture – from crumbling façades of days gone by to beautifully restored buildings in the classic style. See the locals as they go about their everyday life from selling crafts on street corners, to shopkeepers running their businesses. Continue to the Miraflores Lock Visitor Center where an expert guide helps you experience the construction history of the canal. From the balcony, you have a chance to see the operation of the lock, as you overlook this amazing architectural masterpiece. **Meal: B**

DAY 3 Panama Canal Cruise: Today may well be a highlight of your trip! Depart for the Gamboa area and embark a ship to begin the partial transit of the Panama Canal, narrated by a local expert. Cruise through the Gaillard Cut, cross under the Centennial Bridge and transit the Pedro Miguel Locks. Enjoy lunch onboard while experiencing the operation of the lock as you descend 30-feet in one step and reach Miraflores Lake. Enter the Miraflores Locks in the Pacific Ocean where you are lowered 60-feet in a two-step process. Sail on the Pacific Ocean, pass under the Bridge of the Americas and disembark at Amador Causeway in the Panama Bay. After an exciting day in the Panama Canal, return to the hotel by coach for an afternoon and evening at leisure. **Meals: B, L**



Enjoy a partial transit of the Panama Canal



Relax at the Playa Bonita beach resort

DAY 4 Panama City – Playa Bonita: Depart the city and journey by coach to La Playa Bonita beach area. Enjoy the next three nights in the relaxed atmosphere of the resort. **Meals: B, L, D**

DAY 5 Playa Bonita: Enjoy a full day at leisure, discovering all the amenities of the resort, or, join an optional excursion to the Embera Indigenous Village. Mix and mingle with these happy people, living in the rainforest, with no “modern conveniences”. See some of their cultural dances and explore the area’s abundant variety of birds and wildlife during a trek through the untouched jungle and past sparkling waterfalls. **Meals: B, L, D**

DAY 6 Playa Bonita: A final day of rest and relaxation on the beach or poolside is in store for today. **Meals: B, L, D**

DAY 7 Panama City / USA: After breakfast, it’s time to say goodbye to Panama as you return to the Tocumen International Airport for your flight home. **Meal: B**

Itinerary subject to change and order of events may vary.

FOR RESERVATIONS OR INFORMATION CONTACT:



APPALACHIAN STATE
ALUMNI

828-262-2203

travel@appstate.edu

Mayflower
CRUISES & TOURS



2024 Departure Date

Per Person Twin

Single Room add

February 15	\$3,269	+ \$749
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Pricing includes tour and airfare and All Inclusive stay at Playa Bonita*

Air itineraries may not be available until documents are received. Air seats are assigned by the airline for the entire group. Seat changes can only be attempted upon receipt of tickets and documents at which time availability may be limited. If specific seat assignments are vital to your reservation, we recommend individual air reservations rather than booking air with the group.

HOTEL ACCOMMODATIONS

Days 1 through 3 – InterContinental Miramar, Panama City

Days 4 through 6 – Westin Playa Bonita, Playa Bonita

***“All Inclusive” Upgrade Included!**

The upgrade includes lunch and dinner daily (days 4 through 6), unlimited premium drinks and premium house wines (all served by the glass), taxes and tips. The upgrade is available to guests 18 years and older. Mini-bar items are not included in the “All Inclusive” option.

Optional Excursion*

Embera Indigenous Village: \$175 per person

*Note: minimum number of guests required to operate

Travelers Protection Plan (TPP) – \$299 per person (optional)

This nonrefundable fee waives all cancellation fees when we are notified of cancellation one day before the tour departs. If you must leave the tour early due to personal illness, illness or death of a member of your immediate family, TPP guarantees full refund for any unused services after the departure of the tour. Other benefits include medical expenses for illness and injury, emergency transportation, 24 hour hot line, and lost or stolen baggage assistance. Return air transportation is included ONLY if your air tickets were provided by Mayflower Cruises & Tours. If you purchase the optional Travelers Protection Plan (TPP), you will be refunded all payments, including deposit amount, less the TPP premium amount.

Cancellation Charges Without Traveler’s Protection Plan (TPP)

- 91 days or more Deposit Amount
- 90 to 45 days prior 20% of tour cost
- 44 to 15 day prior 30% of tour cost
- 14 to 1 day prior 40% of tour cost
- Day 1 of departure 100% of tour cost
- or early departure from tour
- No refund on unused portions of the tour

TOUR ACTIVITY LEVEL



Exclusions: Mayflower Cruises & Tours reserves the right to alter its refund and cancellation policy when a substantial amount of cancellation or postponement of travel is attributable to: conditions resulting from an act of God, natural or man-made disaster, fire, government action, civil disorder, war, hostilities between nations, or unavailability of transportation through no fault of Mayflower Cruises & Tours.